

FACE READING TECHNIQUES



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Man's face changes continuously, depending on what he has in mind and in his heart. A person's good actions and intentions will generate positive changes in their destiny, which, in time, will be reflected in their facial features. Negative actions, together with malicious intentions, will generate unfavorable results in a person's life, as well as disharmonious transformations on their face.

Physiognomy provides us with *nine fundamental principles*, which will help us accurately recognize the temperament and character of a person, as well as their mode of behavior and especially the motivation behind it. Each of the nine principles can be used by itself or in combination with any of the others, the results being increasingly better once the physiognomist employs himself with devotement and perseverance in his study.

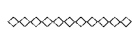
1. The principle of proportions

The great artists of past epochs have ventured in researching this miraculous subject, namely the study of the human body's proportions.

Starting from the ancient Greeks and Egyptians, who made use of symmetry for defining the proportions of the human body, all the way to the *golden section* determined by Leonardo da Vinci, humans have constantly shown interest in the beauty of the body and equilibrium of proportions.

Beauty is a concept that can be defined in numerous ways, yet the ideal proportions of the face will greatly help in the study of physiognomy. In determining the aesthetic harmony of the face, we will, of course, make use of the





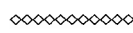
Respect In the study of physiognomy, yang-type features are referred to as *Mountains*.

Throughout life, the appearance of facial features might modify; as such, they can move from one category to another. The perfect balance of the face is given, of course, by the harmonious interweaving between Mountains and Valleys. Keeping in mind the correlations above it becomes easy to understand that, where a sudden bump, pits or avalanches appear between features, we're dealing with an imbalance between the yin and yang forces, which will lead to triggering certain sudden or dangerous events in the life of that person. The lean transition from one feature to another, namely between Mountains and Valleys, creates balance and harmony on the face. These differences can easily be observed in the area around the eyes, at the junction between the forehead and nose, as well as other areas on the face. When facial features are in harmony with each other, or complement one another, we are dealing with a favorable sign on the face. In this sense, even if we encounter an unfavorable feature on a person's face, the harmony that it forms in combination with those around it will allow us to interpret it with its positive value.

3. The Stratum Principle

There are faces whose appearance is sharp, cold and distant, due to their predominant bony features, and faces that inspire patience and a protective behavior, due to the fact that they are fleshy, that is to say most of the features have a full and round aspect. A face's harmony is highlighted by the balance between the bony features and the fleshy ones. In this sense, the said person will face challenges throughout life, but is already endowed with the necessary resources to overcome them.





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Every instrument, just as every feature, has its place and role in this orchestra. At the same time, the way in which all of these group together and relate between themselves generates particular notes, meant to define that opera to its finest details.

From this comparison we understand that, in order to come alive, the music needs the contribution of every instrument in the orchestra.

In other words, in order to fulfill the art of analyzing facial features, every particularity inscribed on the face will be taken into account.

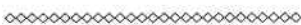
Once correctly identified, then interpreted and put in the proper context, facial features become musical instruments in the hands of the conductor, who is thus capable of creating his own piece in which he will play throughout his life.

A melody played only by a small part of the orchestra will never impress through its resonance, just as the interpretation of separate facial features won't express the true personality of the one being analyzed.

6. The nuance principle

The color of someone's skin/complexion represents a barometer of the individual's health and reveals their temperament and character.

A pinkish complexion suggests a pleasant and joyful nature, but with a tendency towards periodic temperamental outbursts, while a pale one suggests an artistic and sensible nature, but with inclinations towards pessimism and melancholy.





Balance and harmony are achieved when man succeeds in mastering his urges and doesn't let himself be controlled by them.

7. The principle of man-animal resemblance

Every man has a clue inscribed on his face, which suggests the resemblance to an animal. These clues can be very visible on some faces, and very fine and well hidden on others. Once identified, such a clue provides us a new set of information relating to the respective person's instinctiveness. It includes details about the way a person behaves in the critical moments of their life. Everyone will react in a personal manner when confronted with a crisis or when having their life threatened. All of these reactions may be interpreted through the study of precise clues.

Man will easily find his balance and lead a harmonious life as long as the animalistic clues we talked about don't dominate the face and don't take over the human features.

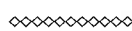
8. The principle of the five elements

There are five primordial elements based on which the whole Chinese philosophy and metaphysics was created, and which have taken over the denomination of the corresponding natural elements: *Water, Wood, Fire, Earth and Metal*.

As energy finds itself in a continual movement, the five elements constantly keep this dynamic in their interaction between themselves as well, forming a constructive cycle, a destructive one, and one of control.

Knowing the interaction between the elements and the functioning principles of every cycle, we can determine the





existence or absence of facial harmony.

Moreover, the principle of the five elements indicates the extent to which the dynamic of such a cycle can be improved, so as to obtain balance on that face.

An in-depth study shows that we will encounter clues attributed to all of the five fundamental elements on the face of every person. *In practice*, however, on a person's face we encounter two or three well-defined elements, which are the ones his analysis will be based on. The order in which they are identified on the face is not important, and neither is the number of dominant elements; however, the quality of the elements present, how well they are defined on the analyzed face, the position of facial features and the dynamic of the cycles that form between them will be taken into account.

According to the principle of the five elements, harmony on the face is generated by the equilibrium between the elements and the realization of the constructive cycle between them.

9. The Global principle

The face analyzing technique is consecrated to the study of facial features, yet the art of reading the human face consists in a lot more than that. A face reader will take into account the timbre of the person's voice, the form of their hands and feet, the way they walk, how they sit, how they eat and many other clues which will be useful in tracing the behavioral pattern.

The more experienced the physiognomist is, the easier it will be for him to notice all of these details, up to the point where he'll be able to figure all of this out without making an effort.



